



The Rotary Club of Brisbane Inc.

Founded 29 May 1923 Club 17787

A global network of community volunteers

29 May 2017



The Rotary Club of Brisbane Inc.

ABN 75 152 438 499

**GPO Box 2909
Brisbane Qld 4001**

Meets 4th Floor
(Edinburgh Room)
of the Brisbane Club
Post Office Square
241 Adelaide Street
Brisbane

MONDAYS
12.15 pm – 1.45 pm

OFFICERS

President	Graeme Whitmore
President Elect	Daniel Vankov
Imm Past President	Phil Gresham
Vice President	Dr Keith Watts
Secretary	Michael Stephens
Treasurer	Warren Walker
Sergeant-at-Arms	Max Winders

District 9600
Club Number 17787
Founded 29 May 1923

District Governor
Alan Stephens

**Rotary International
President**
John Germ

President's message

Rotarians & Friends

Hi all members, as we near the end of the rotary year for 2016-2017 it is with pleasure that the board has accepted the nomination and appointment finally of our incoming President for 2017-2018.

I announce that Daniel Vankov will be our new president, I am sure that Daniel's appointment will achieve a greater bonding between our newer younger members and us grey headed long serving members. I trust you will all make Daniel's transition to President as smooth as mine was, and we all offer congratulations and we will provide our full support to him in the coming year.

Last week meeting was taken as an opportunity to provide a large cheque (physically) in the sum of \$30,000.00 to Major Neil Dickson representing the Salvation Army Emergency Services division, for the purchase and construction of a fully fitted out Emergency Trailer to be used on Queensland at times of natural disaster. The Funds for this cheque were made available primarily from our Benevolent Fund, which recently changed its name for Legal & Tax compliance to a Public Ancillary Fund (PAF). While the name changes, the purpose of this fund remains unchanged.

In handing over the cheque, I noted & hoped that they would never need to use in an emergency, but Major Neil, assured us that living in Queensland, we could expect that it would be fully utilised. This donation continues our club's involvement with the Salvos have previously provided a Kitchen Truck for use on the street scene.

Our Speaker followed with Vicki Stewart District 9600 chair of Rotary health gave an enlightening talk on mental health and other issues, and asked for our club's support.

WHAT'S ON?

29 May 2017
**Lord Mayor
Councillor Graham
Quirk**
*Note: This meeting
may extend
beyond 2pm*

DATE CLAIMER

Saturday 17 June
*Monty Python and the Holy Grail
of Rotary Fundraising.*
Cnr Mowbray Tce & Wellington
Rd, East Brisbane 6.30 pm.
Tickets \$69

Sunday 30 July
*Stan Francis Testimonial
luncheon*
Regatta Hotel, 12 for 12: 30 pm.
Tickets \$95pp

4 WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?





President's message (continued)

Don't forget we have Two upcoming social events

- Monty Python Fund Raiser in association with the Rotaract Club for the benefit of the Rotary Foundation refer to your bulletin for date time and venue and go to our website where you can book and pay. Date 17th JUNE a Sat Night!!!
- Stan Francis Testimonial Lunch at Regatta Hotel Sun 30 July Noon as previously stated this "Sunday Roast" is a must attend function for all present and past Rotarians, again refer to web site and invitations sent to all members.

Finally, I had the pleasure of presenting to Jacqueline Page her latest PHF badge received from Rotary International, Jacque has been a regular financial gift provider, and this PHF Medal is her sixth, which now contains a "Ruby" star to signify her generous contribution. Well done.

Weekly reminder to read your bulletin, if you are on duty, please attend or arrange another member to fill in for you.

To All members please come and share in the fellowship of our great Club, build great friendships, & networking opportunities and say G'Day to our incoming President Daniel

Your attendance is appreciated.

President Graeme

Rotary meeting 22 May 2017

Chairperson for the day was Luke Marshall. After Rotary Grace, and toasts to the Queen of Australia and Rotary International he introduced President Graeme Whitmore. Graeme welcomed members, visiting Rotarians and guests to the meeting. Graeme's message is detailed elsewhere in the Bulletin.

In Rotary Spots, Jacqui Page and Georgina Bishop publicised two special events (for 17 June and 30 July) as advertised in the 'Date Claimer' section of this Bulletin. These are major fund raising events and they urged members, partners and friends to attend.

Denise Schellbach publicised the forthcoming guest speaker program. The more immediate speakers are detailed in the Bulletin. The Bulletin also provides details of the weekly Duty Rosters and members were urged to make sure they attended meetings for which they are rostered, or arrange a swap.

Michael Stephens announced that the RCOB Golf Day had raised nearly \$10,000 for charity...an impressive sum. Members showed their appreciation to Graeme Whitmore and his helpers (including a major contribution from Michael himself) for their efforts.

Next, a cheque for \$30,000 was presented to the Salvation Army, for the supply of an equipped Emergency Catering Trailer. President Graeme (assisted by Directors John Smerdon and Clive Shepherd) presented the cheque to Major Neil Dickson of the Salvation Army (pictured). Neil indicated that the trailer would be based in Brisbane.

Following a short period of Fellowship, Luke Marshall introduced the guest speaker Vicki Stewart, D 9600 Chair for Australian Rotary Health (ARH). Her talk focussed on mental health. This is a huge social issue and, unlike many other illnesses, is hidden and a major cause of suicide, as is PTSD. The available evidence suggests that some fifty percent of the general population will experience a mental health issue during their lifetime, while twenty percent of the population will be experiencing mental health issues in any one year. ARH, which was established in Victoria in 1981, raises funds for research into mental illness and suicide prevention.

Among other matters, research suggests that exercise can be beneficial. With that in mind, the Rotary Clubs of Alexander Headland, Buderim, Kawana, Maroochydore and Mooloolaba recently hosted the inaugural Rotary Walk for Mental Health. The walk began at Mooloolaba Surf Club and proceeded to Alex or Maroochydore Surf clubs and then returned to Mooloolaba. The walk was to promote awareness and remind people suffering in silence that they are not alone.



Calendar

5 June:

Julian Mather, ex ABC-TV & book publisher

12 June:

Carolyn Krueger (Rotary NID) TBC

19 June:

Fellowship/board meeting

26 June:

Susan Welch, Growing Nepal Foundation

Roster

29 May 2017:

President	G Whitmore
Chairperson	C Gibson
Set Up/Away	D Vankov
Visitor Register	M Williams
Attendance/	D Schellbach
Raffle	J Smerdon

5 June 2017:

President	G Whitmore
Chairperson	R Muller
Set Up/Away	G Bishop
Visitor Register	P Robb
Attendance/	D Schellbach
Raffle	J Smerdon

12 June 2017:

President	G Whitmore
Chairperson	T Pilkington
Set Up/Away	J Frew
Visitor Register	P Ryan
Attendance/	D Schellbach
Raffle	J Smerdon

19 June 2017:

President	G Whitmore
Chairperson	T Kung
Set Up/Away	G Holtmann
Visitor Register	S Francis
Attendance/	D Schellbach
Raffle	J Smerdon

Please forward any dates or articles of interest that you would like to see included in future Bulletins to the Bulletin Editor at:

secretary@brisbanerotary.org.au



As Rotary is about joining leaders, exchanging ideas and taking action, Vicki hopes that other D9600 clubs might band together and consider organising their own 'Walk for Mental Health'

This was an excellent 'heart felt' presentation much appreciated by members. Questions and discussion followed. Finally, President Graeme presented Vicki with a memento of the occasion (pictured).

Acting SAA Michael Stephens provided an entertaining session while exacting the usual fines. Georgina Bishop won the raffle but the joker is still in the deck and the jackpot remains to be won.

The meeting closed at 2pm.



Pictured from left to right: President Graeme Whitmore; Major Neil Dickson, State Communications and Fundraising Secretary Salvation Army; Rtn John Smerdon, RCOB PAF Director; Rtn Clive Shepherd, RCOB Projects Director.



How I gained friends through Rotary's programs for young leaders

By Md. Saddam Hossain Roni, Rotaract Club of Dhaka Orchids, Bangladesh
Source: <https://blog.rotary.org/>



Before joining an Interact club in 2010, I had a difficult time dealing with people I didn't know. That's probably why I didn't have a lot of friends in school. But as a member of Interact, I learned a lot about fellowship.

I still remember the day I stood on stage in front of a large group of people for a speech competition for the first time, my legs shaking. It was really a nervous moment for me. That day I realized I am not perfect. But day by day, I began developing my skills and becoming an active member of Interact.



I served as president of the Interact Club of Gomoti in 2012-13. In the same year, I was appointed as Interact Secretary of District 3280 and the next year elected 1st Interact Representative of District 3282.

I made Interact friends in many countries, founding the Global Friendship Project in 18 other districts. We worked together to plant trees in different countries at the same time and with the same banners. I have always believed the actual duty of a member of Interact is to learn and develop by spreading fellowship.



A second family in Rotary

After completing Interact, I joined the Rotaract Club of Comilla Premier, but within a few months I moved to Dhaka City to continue my education. In 2015, I became the charter president of the Rotaract Club of Dhaka Orchids. I found that Rotaract was not that different than Interact, but our responsibility increased. In our charter year we successfully completed 18 club projects in our community. We distributed clothes, food, educational instruments and scholarships for needy peoples. We also formed an Interact Alumni Association of South Asia, chartered in 2015.

While attending Rotary Youth Leadership Awards (RYLA), I had one of the best experiences of my Rotary life. It was like finding a second family in Rotary. I made new friends, received support from others, and was inspired to develop myself further in order to bring change to my community, and globally.

Becoming a leader

Throughout this journey, I really don't know exactly when and how I became a leader. But I think it came about through learning the importance of working with others to bring about change or establish peace. The day I joined Interact, I had just two best friends. Today, I have thousands of friends in every Bangladesh city, and in at least 36 countries around the world!

Thanks to Rotary, I can proudly say that I am a Youth Leadership All Star. But my journey is not finished. I want to represent Rotaract and join Rotary to serve our community on an even a bigger scale.

Rotary Youth Leadership Awards (RYLA) born in Queensland

By Brian Carrs

RYLA was born in Queensland in 1959 from a seminar called "Gundoo", run by the Qld. State Government for young people. This celebration was part of a festival to mark the visit of Princess Alexandra to Australia. The State Government invited two young people from every Council in Qld to attend at no cost to them. The State Government funded "Gundoo" but approached RCOB to accommodate guests, plan the program and run the week's activities.



By all accounts the week was a great success with close on 300 young people attending.

Over the course of the following decade RCOB took on "Gundoo" as a regular project for their club with anywhere from 20 to 200 participants each year. Soon after RYLA spread throughout Australia and across the Tasman to New Zealand, it was finally adopted by RI as an international Rotary Project in 1972. Once adopted "Gundoo" was given the official name Rotary Youth Leadership Awards.

So how has RYLA evolved?

Its Vision is to challenge young people from 18 - 28 years that have been selected by a local Rotary Club to attend a week long seminar aimed at developing their personal and leadership skills.

Its Aim is to recognize the best young leaders and empower them by providing them with the opportunity to learn skills, responsibilities and the challenges of leadership. It also aims to encourage these young people to improve their world through service.

A typical RYLA Program may include lectures, workshops, and small & large group discussions and team building exercises.

Topics covered maybe:

- 1 Fundamentals of leadership
- 2 Ethics of positive leadership
- 3 The importance of effective communication
- 4 Problem solving and conflict management
- 5 The building of self-confidence and self esteem

The Rev Allen Male ran the RYLA program for many years at his Shaftesbury Centre just off the Bruce Highway towards Caboolture. His programs were designed to emphasize team participation. He split the participants into teams who were set tasks to complete, rather like some of the team building exercises that we hear about being used by businesses and government departments. There were talks and also the opportunity to socialize. I recall a very memorable BBQ on the last evening. It was a very lively affair

Without exception, the testimonials that I have read from participants, all state that RYLA changed their lives forever.

The call has gone out to all District 9600 Presidents to identify and encourage eligible applicants to apply. The club has a responsibility to select the people it will support and pay the necessary costs.

In previous years the group experienced the adventure of sailing on a tall ship, the 'South Passage'. They learned what it is like to be part of the crew and how to work as part of a team.

I would like to encourage members who have young staff in the 18 – 28 age brackets to seriously consider proposing them to our Club to support their application.

About the author: Dr. Brian Carss is a Past President of RCOB. He also served RCOB in numerous other roles over many years, including as Secretary, Treasurer, and as a Trustee of RCOB's Foundation. Brian is a Paul Harris Fellow.

Editor's note: This is a reprint of an article first published in the 1st December 2014 edition of the Bulletin.
