



The Rotary Club of Brisbane Inc.

Founded 29 May 1923 Club 17787

A global network of community volunteers

12 October 2015



The Rotary Club of
Brisbane Inc.
ABN 75 152 438 499

**GPO Box 2909
Brisbane Qld 4001**

Meets 4th Floor
(Edinburgh Room)
of the Brisbane Club
Post Office Square
241 Adelaide Street
Brisbane

MONDAYS
12.15 pm – 1.30 pm

OFFICERS

President	Phil Gresham
President Elect	Tony McKinnon
Imm Past President	Graeme Whitmore
Vice President	Keith Watts
Secretary	Michael Stephens
Treasurer	Warren Walker
Sergeant-at-Arms	Cameron Bishop

Directors, Main Committees

Club Admin	Rick Tamaschke
Membership	Tony McKinnon
Public Relations	Denise Schellbach
Rotary Foundation	Graeme Whitmore
Service Projects	Patrick Caragata

District 9600
Club Number 17787
Founded 29 May 1923

District Governor
John Leddy

**Rotary International
President**
K.R. (Ravi) Ravindran

President's Message

This week's meeting is a Fellowship meeting where we can discuss current RCOB projects and opportunities for fund raising.

On Wednesday night I attended the Rotoract Club of Rivercity meeting at QUT, they were very pleased to receive their name badges that the RCOB paid for. They really are a great group and we are very lucky to have built such a strong relationship with them already. I sent a couple of days ago an email to all members regarding the Rotoractors mentoring with Rotarians program. This is an excellent opportunity for all members, especially those who don't or can't make meetings, to participate in club activities. Alex who spoke at our last meeting needs the forms back now.

On December Sunday the 6th the Rotary Club of New Farm is holding Carols in The Park preceded by Bands in The Park. I suggested at the last board meeting that we operate a Gourmet Sausage Sizzle (#3 son, a chef will assist) and share the proceeds with the New Farm Club. Just need to get the use of the mobile catering units we have used in the past.

Well I hope no one turned up last Monday, Labour Day, for some of our retired members every day is a holiday! Caroline and I went for a long walk Monday, starting at South Bank then over the Goodwill Bridge, through the botanic gardens to the site of the RCOB Time Capsule, then back using the Kurilpa Bridge.

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I was relieved to find that the capsule located in the gardens at the corner of Edward & Alice Streets has survived the floods. I'm not sure if I have actually seen it since the incarceration in January 1989. There are eight current members out of the 132 listed on the plaque. It does make for interesting reading .

WHAT'S ON?

12 October 2015
Fellowship

DATE CLAIMER

16 November:
Dr Peter Catt, Dean of
St John's Cathedral
Restoration of St John's
Cathedral

4 WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?





Lunch in the Park (Roma Street Parklands)

Melange Cafe
<http://www.melangecafe.com.au/>
Overlooking the Roma Street Parkland Waterfalls
Plenty of parking in the Parklands nearby.

This Sunday 11th October 1pm
RSVP today Tony 0411 863 765 or 3263 7445

Prior or after lunch you can view the commemorative seat presented to the people of Queensland by Rotary International and the RCOB as part of the 2003 RI Brisbane Convention, in recognition of the part Sir Thomas Brisbane played in the history of Queensland.

See you at Sunday lunch and at this week's meeting.

Yours in Rotary

Phil Gresham
President



Rotary Meeting 28 September 2015

Chairperson for the day Michael Stephens welcomed attendees to the meeting. After Rotary Grace, and toasts to the Queen of Australia and Rotary International, he introduced President Phil Gresham. Phil's message is provided in detail elsewhere in the Bulletin.

In Rotary Spots, Alex Moore, the Vocational Director of the Rotaract Club of Brisbane Rivercity, informed members that her Club was developing a mentoring program involving Rotaractors and Rotarians with the aim of building networks.

Dougal Henderson (standing in for Mel Evans) had attended a meeting with the Aunties and Uncles charity, and had a closer look at how the organisation worked. Further details will follow in the weeks ahead.

After a short period of fellowship Michael Stephens introduced the 'Mystery Speaker', RCOB member Denise Schellbach. She began by reminding members of the upcoming Mental Health Week (4-11 October) and Rotary Mental health Day (9 October). Denise is passionate about care of the mentally ill and gave three case studies, two based on experiences in her boarding house over more than three decades, and the third from her family. The two cases, Eddy and John, were adults, had no close family ties and were unable to look after themselves. Denise decided to try and help where she could. Her task was made extremely difficult because the various authorities were not prepared to recognise her role, as both men claimed that they were OK and did not need help.

Calendar

16 November:

Dr Peter Catt, Dean of St John's Cathedral
Restoration of St John's Cathedral

Roster

12 October 2015:

President P Gresham
Chairperson K Jenkins
Set Up/Away J Delahunty
Raffle W Bishop
Visitor Register P Caragata
Attendance D Schellbach
D O'Donoghue

19 October 2015:

President P Gresham
Chairperson A Gillespie
Set Up/Away M Evans
Raffle S Francis
Visitor Register D Henderson
Attendance D Schellbach
J Smerdon

26 October 2015:

President P Gresham
Chairperson P Ryan
Set Up/Away S Dunlop
Raffle P Little
Visitor Register T McKinnon
Attendance J Smerdon
D Schellbach

2 November 2015:

President P Gresham
Chairperson M Winders
Set Up/Away G Holtmann
Raffle J Ryder
Visitor Register G Whitmore
Attendance J Smerdon
D Schellbach

Please forward any dates or articles of interest that you would like to see included in future Bulletins to the Bulletin Editor at:

secretary@brisbanerotary.org.au



Her third case was about her son Peter...once he turned 18 she was 'side-lined' from his care because of the 'confidently laws', with tragic consequences. This was a very moving presentation much appreciated by members. Questions and discussion followed. Finally Denise was presented with a memento of the occasion.

SAA Cam Bishop ran an entertaining session while exacting the usual fine. Don O'Donoghue won the raffle but the joker is still in the pack.

The meeting closed at 1.45pm.

Little Rotary moments that transformed my life

By Heidi Resetarits
Source: blog.rotary.org

Little moments of connectivity in life — who you talk to, who you share with — can completely change your trajectory. A few years ago at a holiday work party, I met my friend and future mentor, Ann Tull. The party was dull, but our conversation sparked a little light in me that transformed my life.

Ann introduced me to Rotary, and eventually encouraged me to apply for an Ambassadorial Scholarship. I realized that working toward higher education and a future that revolved around Service Above Self was what I was looking for. A year later and I was on my way to the United Nations University for Peace in Ciudad Colon, Costa Rica, as an Ambassadorial Scholar from Rotary District 5450.

Running for health

I loved studying for a Master of Arts in responsible management and sustainable economic development and meeting classmates who shared a similar vision. I built a network of friends who have become my global family. Two other Scholars and I put together a 5K Walk/Run for peace to promote health and fitness and to raise funds for PolioPlus and the local Red Cross. We also garnered national attention.

When I returned to the U.S., my life began to settle down — but I was still restless. I had new goals for serving and knew that Rotary would be a part of my plans.

But I also knew I couldn't yet afford to join. I had my own business as a marketing professional and was barely making ends meet. My sponsor Rotary club, Denver Mile High, offered me a pass and made me an honorary member, which meant I was welcome to attend anytime I wanted.



Heidi Resetarits at a 5K walk/run that raised money for PolioPlus

The members became my Rotary family, and I became involved with building connections in our community. I was invited to sit on the Ambassadorial Scholarship committee, helping to decide which applicants would be able to have the same gift that I'd had. Even though I wasn't a Rotarian, I was invited to create the District 5450 Alumni Association and serve as its president. With the support of Ann, the district, other clubs, and Rotary, our group began to grow. Most of the members were not Rotarians, but shared a feeling of gratitude about how Rotary had profoundly changed their lives. The group reminds me of how Rotary connects people from all over the world.

Giving back

We receive a lot of support from Rotary International. After a lot of thought, I decided my alumni association should complete the circle by giving back to Rotary. We held our first 5K to End Polio on 13 September 2014. With about 200 participants and tons of support from Rotarians and alumni from District 5450, we raised about \$7,500 for the End Polio Now campaign, while promoting health and fitness.

I was asked many times, "Why not just join Rotary?" The truth was simple: I didn't have the funds. Then, people began to promise sums of money to our fundraisers if I would finally join. When the amount reached \$1,500, I bit the bullet and found the most affordable club in my area.

The spark that ignited my love for Rotary continues to grow. I cannot imagine my life without the incredible people who fanned the flame, and the three little words that altered my life: Service Above Self.



About the author: Heidi Resetarits is president of the District 5450 Alumni Association and a member of the Rotary Club of Denver Mile High since April. She is a former Rotary Scholar from District 5450 to Costa Rica.

Celebrating the International Day of Peace in Central Mexico

By Wendy Coulson Catalán
Source: blog.rotary.org

Upon landing in Mexico in late April, I hit the ground running. I was asked to share my amazing experience as a recent graduate of the Rotary Peace Center in Bangkok at a peace conference organized by our local Rotary club and Camino de la Paz. Soon after, I was invited to participate on the organizing committee for International Peace Day.

There is a huge imperative in the world, and in our little community in Central Mexico, San Miguel de Allende, to create peace among our citizens on both sides of a huge social and economic divide. Two years ago, a concerned group of community members came together to promote peace by acting as an umbrella group for all the peace initiatives in town. The group, which includes several Rotary members, calls itself Camino de la Paz — The Way, or Path, of Peace.



The group organized a short conference with staff from Rotary International who talked about Rotary's efforts to promote peace and held a celebration last year on the International Day of Peace that attracted over 800 people.

Continuing its success, Camino de la Paz will celebrate this year's International Day of Peace on Sunday, 20 September, with even greater involvement from the community, Rotary members, and now Rotary Peace Fellows.

Peace is possible

Our motto for this year is "Peace is possible and it is inside every one of us." We have expanded our scope to become a connector between the Mexican and foreign communities, which represent a significant percentage of the population, and between the cultural center and the outlying communities.

For the event, we have united leaders from organizations to take action on peace projects like Allende la Cultura, which seeks greater participation for marginalized youth in the city's many cultural events. Most of these events happen in the center of town, a UNESCO World Heritage Site, and are not accessible to the youth in outlying neighborhoods due to cost and location. So Allende la Cultura brings the events to them by holding spinoff activities in their own neighborhoods.

Together with Allende la Cultura, we will start the Peace Day celebration — actually a full weekend — on Friday, 18 September, with a rap tournament in which a well-known rapper from Mexico City will draw in youth to rap their freestyle messages of peace and community. These young people will close the peace day event on Sunday with a performance.

San Miguel's two Rotary clubs have donated funds to cover the cost of the rap tournament and will display their peace and development projects. We were also happy to receive a donation for the event from a Rotary club in Portland, Oregon, USA.

Peace is possible around the world, but it needs community, Rotarians, and perhaps a Rotary Peace Fellow.



About the author: Wendy Coulson Catalán, a March 2015 graduate of the Rotary Peace Center in Chulalongkorn, is a curriculum developer, instructor and teacher trainer in the areas of peace, health, the environment, and English as a second language.



Participants in last year's International Day of Peace celebration form a peace circle.