



The Rotary Club of Brisbane Inc.

Founded 29 May 1923 Club 17787

A global network of community volunteers

27 February 2012



The Rotary Club of Brisbane Inc.

23 Dean Road
Alexandra Hills Qld 4161

Meets 4th Floor
(Edinburgh Room)
of the Brisbane Club
Post Office Square
241 Adelaide Street
Brisbane

MONDAYS

12.15 pm – 1.45 pm

OFFICERS

President	Alistair Smith
President Elect	
Imm Past President	Basil Veal
Vice President	Keith Watts
Secretary	Michael Stephens
Treasurer	Dougal Henderson
Sergeant-at-Arms	Cameron Bishop

District 9600
Club Number 17787
Founded 29 May 1923

District Governor
Carolyn Krueger

Rotary International President
Kalyan Banerjee

President's Message

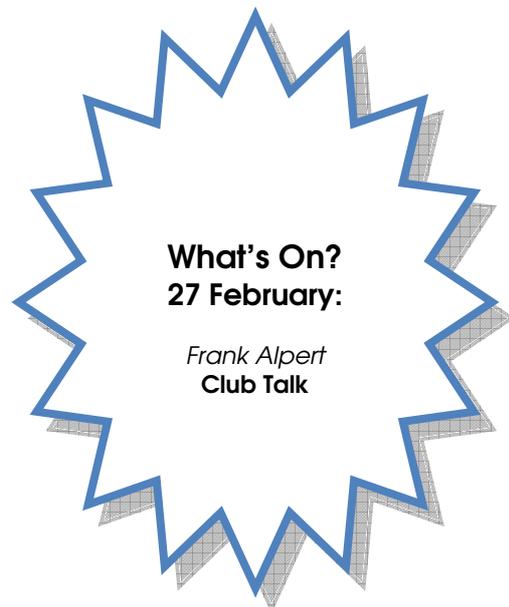
Welcome Rotarians and friends

On Monday we had the Board meeting at which a number of different issues were discussed. Firstly, it was agreed that we would commit \$250 to sponsor attendance of Presidents from clubs in PNG to attend the District Conference. I have provided confirmation of this to District Governor Carolyn Krueger, and will keep you updated when I hear more information about the Presidents and their attendance.

As far as the Club finances are concerned, Rotarian Dougal Henderson provided an update and we are working on putting together a budget for the remainder of the financial year. Dougal also confirmed that the financial returns for 2010 are expected to be completed shortly.

In regard to the upcoming District Conference, we have forwarded the photo of club members. We were also asked to provide details of members who have passed on. On clarification, organiser Sue Quinn advised that they required high resolution photographs of each of those members who have passed on to be provided immediately. As we do not have these photographs to hand, it has not been possible to meet these requirements. However, this probably highlights that it would be worthwhile ensuring we have photos of individual club members so that we have these available in future, hopefully for more pleasant reasons.

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What's On? 27 February:

*Frank Alpert
Club Talk*

Date Claimers

3 March:
PP Mel Evans
Tour of the XXXX Brewery at 2pm

24th April:
Annual Golf Day
Northlakes Resort Course
Brisbane



4 WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?





President's Message (continued)

On this note, Frank Alpert and I have been working on putting together a list of questions that we can use to put together a biography of club members, and it would seem sensible that we include a photo with these. I am hoping we can collate a biography of one member each week. The bio could then be circulated to members, for example with, but not actually as part of the bulletin, meaning this would not be published on the website and would therefore only be available to club members. Despite this, I am proposing this be entirely voluntary so if anyone has any privacy concerns, there is no obligation to participate. I will put together a bio for myself, and this will be accompanying a bulletin in the next one or two weeks depending on work commitments.

The club has been contacted by the Probus Club asking if the club would like to send a representative to the Annual General Meeting on Thursday, 15th March 2012. I will try and attend assuming work commitments do not prevent this happening. I would also like to invite members of the Probus Club to our meeting and arrange for our bulletin to be circulated to the Probus Club. I will keep you updated once I have had the opportunity to contact them.

Also discussed during the Board meeting was the City Hall Restoration Fund and our commitment thereto. Immediate Past President Bas Veal has identified from previous Board minutes that it was approved by the Board that \$25,000 would be committed to the City Hall Restoration Fund. My understanding is that this did not place any requirements on City Hall in respect of us being provided with a room, although it was indicated separately by City Hall representatives that a room might be available for us.

It has been some time since this commitment was made and indeed in the intervening time there was an agreement by City Hall that the planned fund-raising dinner should instead be used to raise funds for the Brisbane floods.

In view of this, Bas Veal and I are to meet with Nigel Chamier of the Hall Restoration Fund and discuss with him what the expectations are on our Club. If their view is that the commitment still stands, then I believe it would be inappropriate if we did not honour this. Irrespective of this, it was agreed that we should host the Heart of Business dinner, with any funds being raised going to the City Hall Restoration Fund, and Bas Veal is to look into contacting other clubs within the cluster to see if we can host this as a joint function, as originally planned.

Finally, the new committee structure was also briefly discussed during the Board meeting. I am still working on putting this together and will do so as soon as I have some available time.

This just about sums things up for this week and I will keep you updated as matters progress.

In the meantime, I look forward to seeing you all on Monday.

Yours in Rotary,

President Alistair

Rotary Meeting 20 February 2012

Chairman James Delahunty introduced P Alistair who welcomed visiting Rotarian Alan Stevens from Pine Rivers Rotary Club and Jessie Yi, a guest of Phil Little. P Alistair called member's attention to the suggestion that was raised by PP Keith Watts that our Club provide volunteers to join in the "Clean Up Australia" project on Sunday March the 4th. Our President reminded Board Members of the meeting to follow lunch today.

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ROTARY GRACE

○ Lord and giver of all good

We thank You for our daily food

May Rotary friends and Rotary ways

Help us to serve You all our days.

Calendar

27 February:

Frank Alpert
Club Talk

3 March:

PP Mel Evans
Tour of the XXXX Brewery at
2pm

12 March:

David Barbagallo
The Journey from Charity to
Social Enterprise

Roster

27 February 2012:

President A Smith
Chairman P Ryan
Set Up/Away M Evans
Raffle G Sellers
Visitor Register P Little
Attendance B Esler
G Whitmore

5 March 2012:

President A Smith
Chairman C Shepherd
Set Up/Away C Mormon
Raffle G Holtmann
Visitor Register M Kelly
Attendance B Esler
G Whitmore

12 March 2012:

President A Smith
Chairman G Burnett
Set Up/Away H Milne
Raffle A Gillespie
Visitor Register B Veal
Attendance B Esler
G Whitmore

19 March 2012:

President A Smith
Chairman L Spano
Set Up/Away B Carss
Raffle B Aldred
Visitor Register M Evans
Attendance B Esler
G Whitmore

Please forward any dates or articles of interest that you would like to see included in future Bulletins to the Bulletin Editor at

secretary@brisbanerotary.org.au



Rotary Meeting 20 February 2012 (continued)

PP Brian Carss gave , as the Rotary Spot, a history of the early years of the RCOB which is detailed in an attached report.

Treasurer Dougal Cameron reminded member's that our Club dues should be paid promptly.

Graeme Whitmore appealed for sponsors for our Golf Day on the 24th of April .Gold Sponsorships were available for \$3,000- which would cover the cost of the meal. Silver Sponsorships were \$1,2000 and Bronze Sponsorships were available for \$800.

Phil Gresham spoke on our guest Jessie Yi's search for a 12 week internship in Accountancy, as part of her educational requirements, and appealed to members who knew of any opportunities to let him know.

PP Mel Evans reminded members of the XXXX Brewery tour on Saturday 3rd. of March, and told us to go on line to book tickets to the Queensland Red's game later in the day. Good tickets were available at \$29 each.

Our guest lecturer was our own member Professor Gerald Holtmann, a Gastroenterologist, who gave us a power point presentation on "Knowledge for the protection of your inner self." His talk was on the topic of bowel cancer. He spoke of the real threat of the disease with almost one third of the three thousand people diagnosed with this problem each year dying from this form of cancer. In our community one person in eleven will develop bowel cancer by the age of 85. He spoke of the risk factors involved, which were basically common sense in maintaining a healthy life style. There was an increased risk with age , especially after age 50. Family histories of colon cancer or polyps or adenomas were a factor. Lifestyle issues such as obesity, smoking, excess alcohol consumption, and type 2 diabetes all increased risk. However something could be done to improve the situation by screening and early diagnosis and intervention.

There was a National Bowel Screening Campaign in which test kits were available at the ages of 50, 55, and 65 years, where a stool sample was sent in for a faecal occult blood test. If it came back positive, active treatment and follow-up intervention was organised. Only 40% of the population availed themselves of this free service, which I thought was a very disappointing result, but Gerald assured us it was a better response than in most countries. Of the 40% who were tested , 8% of these tested positive. Of these, 69% were referred for further treatment, and of these 4.9% had bowel cancer. Up to 51% had polyps removed.

The Gold Standard screening test for colon cancer however was colonoscopy. The advantage of colonoscopy was that cancerous polyps and adenomas could be detected and removed during the procedure so that they did not proceed to active colon cancers. The key to successful treatment was early detection and intervention. Colonoscopy has reduced the mortality of colon cancer by 95% when utilised correctly. Ideally a colonoscopy should be performed at age 50 and 55 and in the absence of symptoms again about 10 years later. Gerald recommended apple juice and sparkling mineral water to improve the taste and minimise the unpleasantness of the pre-colonoscopy preparation material. He warned of the potential dangers of metabolite imbalance with some of the substitute low volume alternative flushing systems.

A vigorous discussion involving the personal experiences of several of our members followed. The consensus seemed to be that although the preparation was not much fun, colonoscopy, with the benefits of modern anaesthesia and sedation, was quite a minor procedure. Once again it proved that many of our most valuable talks come from the expertise present within the Club's membership. I was rather surprised and disappointed to see that, in response to a call for a show of hands as to who had had a colonoscopy, only half the hands went up.

In view of the average age of our members it should have been much higher. Perhaps this is a valuable reminder for some of us to discuss this the next time we see our GP.

SAA Cam Bishop fined us liberally. Chairman James Delahunty won the raffle. 25 members and 2 guests attended the lunch.



Rotary Segment 20 February 2012 "In The Beginning" By Brian Carss

A first meeting was held in Brisbane, with a view of forming a Rotary Club, on 24th November 1922. Sir Henry Braddon of the RC Sydney, as a special commissioner spoke to some 13 attendees. A further meeting held on 6th February 1923 resolved to establish RCOB with 16 Charter members, which grew to 55 by the end of the first year. The Club was granted its charter on 29th May 1923 from Rotary International.

The first weekly lunch meetings were held in a room at Allan & Starks in Queen Street in a room kindly set aside by James Allan, a charter member.

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Rotary Segment 20 February 2012 "In The Beginning"

From the outset, the Club showed an interest and concern for pre-school and disadvantaged children. During that first year, the club hosted Miss Bedford, the Principal of the Crèche & Kindergarten Association, who spoke about its work and a donation of 55 Pounds was made for Christmas presents for the children.

The first Sergeant at Arms was Ernie Isaacs and at a meeting in early 1925 there was a lively discussion as to the most effective and satisfactory method for the SAA to adopt for the collection of fines. It was suggested an implement be designed for this purpose. This resulted in a silver mounted baton being made. I wonder what happened to it, as it was still in use when I was inducted into the Club and for a few years after that. Maybe our present Sergeant's team should be given the task of unearthing it from our archives, or be prevailed upon to create a new one.

The years 1925 through 1934 were very busy ones in establishing of Rotary in Queensland. Clubs were established in Ipswich, Bundaberg, Mackay, Townsville, Toowoomba, and Maryborough and our Club had a guiding hand in the founding of all these new comers.

The 1929/30 year was a historic one, for it was in March that the first Pan Pacific Conference was held in Sydney with attendees from Japan, India, New Zealand and the Straits Settlements. Members from our club attended that Conference.

Up to now the Club had undertaken a number of Community Service projects but it was not until the Club took a serious interest in Crippled Children that sufficient funds were raised to complete the treatment of a crippled boy. This was the forerunner of the work of the Club for Crippled Children. 1100 Pounds were raised to launch the Crippled Children's Society and its Montrose Home. The Montrose Home has been an ongoing concern of our Club over the years.

Additional funds were raised in subsequent years for the Crippled Children's movement at Christmastime to assist underprivileged boys to be sent to a sea-side camp, to collect books for the Bush Book Club and the Crèche & Kindergarten children. The sea-side camp was based at Tallebudgera, on the Gold Coast and continued for a long time.

The 1933/34 year was notable in that the Governor, Sir Leslie Wilson accepted honorary membership of the Club. Arrangements were made with Radio Station 4BC to broadcast the lunchtime addresses, something that was to be continued for many years. The recordings of these addresses were sent to many radio stations in the State for rebroadcasting locally. I guess it says something about the quality of the talks then, or maybe it was the lack of a 24/7 news cycle.

During this year, the club was honoured by a visit by Rotary's Founder, Paul Harris and his wife. The talk that he gave will long be remembered by those who were present to hear him. Unfortunately none of those members are still with us. Paul was accorded a Civic Reception by the Lord Mayor Bill Jolly who was one of our members, as was his son and grandson.

It was during this year also that the Club held its first Rotary Ball on the 19th September and the Governor, Sir Leslie Wilson attended. As you can imagine in such company the dress, was white tie and tails for men and evening gowns for the ladies. The evening began with the orchestra playing the British national anthem, and when the Governor left the Ball everyone had to stand until he was clear of the hall. All very posh!!! You wouldn't be able to do the same thing nowadays.

Despite all this pomp, there were surplus funds which were used to support the Crèche and Kindergarten Association. Membership at the end of the year was a healthy 129 up from the original 16 – not bad I reckon considering that membership was regarded as being of, what at the time, was an exclusive club. And so ended the first decade.

Trustee chair's monthly message - February, 2012

Our Foundation helps us help others

A friend who is an Arch C. Klumph Society member recently sent me an email ending with words that remind us of why we support our Foundation. John began life in humble circumstances and became a successful businessman. Through our Foundation, he has shared that success with people who have no ability to help themselves. He said: "As someone who was born poor on a farm during the Depression, I can confirm that when you have nothing, a little bit goes a long way to help. I remember like it was yesterday those neighbours and relatives who helped our family of nine and gave us support and encouragement. In essence, this is our Foundation's mission."

Another quote that impressed me recently came from a Rotarian at a Rotary institute: "I joined Rotary for business and fellowship. I stayed to change the world."

For many of us, Rotary is our only way to change the world. As individuals, there is little we can do on our own, but when we join with our fellow Rotarians, we do make a difference. How we do that depends on where we are. If you are in a country with great needs, then you will be involved in identifying the needs of people and developing and implementing projects that will change their lives. If you are one of this generation who has been blessed with success, then you can help by making resources available. Our Rotary Foundation, in a sense, sits in the middle and makes the connection.

Our business model works, which is why we will in a few years celebrate 100 years of supporting Rotarians in making the world a better place. We have passed the test of time.

Bill Boyd
Foundation Trustee Chair