



The Rotary Club of Brisbane Inc.

MAKE DREAMS REAL

01 June 2009

President's Message

Fellow Rotarians,

A fantastic meeting was enjoyed by all on last Monday and I thank all those whom contributed.

Please don't let anyone fool you in to thinking that we do not have a strong and vibrant club that not only contributes to our community but gives back nearly as much to members as they give to the club as a whole.

Keep up the good work and we all welcome your continued contributions.

On that note I ask those who have ideas or efforts which would contribute to the next Rotary Year get in touch with President Elect Mike and his team and make it happen.

The RCOB and some of our fellow City Clubs have a couple of projects happening where we are asked to get involved. I will bring you the relevant details at forthcoming meetings.

Look forward to hearing from you or seeing you soon.

President Michael Kelly

New Links

Dr Helena Popovic
Boost your Brain

<http://www.brisbanerotary.org.au/interestinglinks.html>

RCOB Member Speaker
List 2009/2010

<http://www.brisbanerotary.org.au/>

Maintaining our Membership

Members,

We still need to attract and recruit new members! Invite colleagues or friends to lunch and introduce them to:

*Michael Stephens,
Don O'Donoghue
or
Wal Bishop*

And they will do the rest!

GUEST SPEAKERS

Monday June 01 2009
Alison Sandy
Homeless in Brisbane

Monday June 15 2009
Hedley Lockyer
Leukaemia Foundation



The Rotary Club of Brisbane Inc.

PO Box 687
Kenmore Qld 4069

Meets 4th Floor
(Edinburgh Room)
of the Brisbane Club
Post Office Square
241 Adelaide Street
Brisbane

MONDAYS

12.15 pm – 1.45 pm

OFFICERS

President	Michael Kelly
President Elect	Mike Mauger
Imm Past President	Mel Evans
Secretary	Brian Carss
Treasurer	Cameron Bishop

District 9600
Club Number 17787
Founded 29 May 1923

District Governor
Wayne Morris

Rotary International President
Dong Kurn Lee



Meeting Review

25th May 2009

This week's meeting was attended by 24 members, and one Club guest.

Returning President Michael Kelly took on the mantle of Chairman for his return from his travels and welcomed those attending asking all to say grace and proposed the loyal toast and toast to Rotary International.

Pres Michael said it was great to be back but had only just made it thanks to Swine Flu! His ship had docked in Sydney at the weekend and all passengers had been held on board for over eight hours until health checks had been completed. Needless to say, all forward travel arrangements had to be rearranged, but he was here! He thanked the members of the Board who had filled the breach during his absence.

He said that this was the first time he had been able to report personally on the signing of the Sister Club agreement with Kobe East, which was celebrated with the breaking of the seal on a barrel of Sake and its subsequent consumption! He had agreed that a Shelterbox would be donated by our Club and registered under Kobe East to celebrate the occasion.

He then introduced our guests:

- Dr Helena Popovic – Guest Speaker

Chairman Michael then called for spots:

- PP Mel said that planning for the Homeless National Soccer Championships in Brisbane on Sunday 19 July was well advanced and as mentioned before volunteers were required. He had placed a form on each table and asked members to select a time for their assistance on the day.
- Pres- Elect Mike said that the Member Speaker schedule of dates is on the web site this week and members can select the date they wish to speak.

Any 'blanks' will result in a 'tap on the shoulder' for volunteers!

Further, the project team led by Wal Bishop and consisting of some of our newer members is continuing with its work.

After lunch and fellowship, Chairman Michael introduced our Guest Speaker Dr Helena Popovic to talk on the subject of Boosting your Brain. Helena said that In the last 10 years, science has uncovered more about how the human brain works than in the whole of brain research prior to that.

Helena said that the emerging field of neuroplasticity has shown that our brain can change its own structure and function. It can grow new cells, new circuits and new connections in response to what we do, what we think and how we behave and by knowing how to 'Boost Your Brain' you can sharpen your thinking, improve your concentration and memory and expand your creativity. She said that there were three fundamental principles: If it's good for the heart, it's even better for the brain; Use it or lose it; and turn on your NBOM (Nucleus Basalis of Meynert). For further information see New Links.

After fielding a few searching questions from the audience, Chairman Michael thanked Helena for her interesting and thought provoking talk and presented her with a Certificate of Appreciation.

Chairman Michael then introduced Sergeant-at-Arms Tony Love. Tony again thanked Helena for her talk. Tony said that he was not up-to-date with the happenings on the rugby scene and sought Bob Aldred's advice especially about the Sea Eagles (who had lost controversially!). He then told a few jokes from his depleted source. He then extracted appropriate fines for misdemeanours and transgressions. The winner of the 'Find the Joker' raffle this week was Max Winders! He won a bottle of wine and drew the Ace of Spades, no luck this week!!! The jackpot stands at approximately \$1,000!

Good Luck.

CALENDAR

Homeless National Soccer Championships

19 July 2009

Rotary Partner's Luncheon

01 June 2009

The Brisbane Polo Club

ROSTER

Monday 15th June 2009

President	M Kelly
Chairperson	A Sandy
Set Up	M Evans
Put Away	C Muir
Raffle	C Mormon
Visitor Register	L Robinson
Fellowship	D Phillips
Attendance	B Esler G Whitmore

ROTARY GRACE

O Lord and giver of all good

We thank You for our daily food

May Rotary friends and Rotary ways

Help us to serve You all our days.

FOUR WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

DATECLAIMER

Please forward any dates or articles of interest that you would like to see included in future Bulletins to the Club Secretary at

secretary@brisbanerotary.org.au