



The Rotary Club of Brisbane Inc.

Founded 29 May 1923 Club 17787

A global network of community volunteers

4 August 2014



The Rotary Club of Brisbane Inc.

ABN 75 152 438 499

**GPO Box 2909
Brisbane Qld 4001**

Meets 4th Floor
(Edinburgh Room)
of the Brisbane Club
Post Office Square
241 Adelaide Street
Brisbane

MONDAYS

12.15 pm – 1.45 pm

OFFICERS

President	Graeme Whitmore
President Elect	Phil Gresham
Imm Past President	Alistair Smith
Vice President	Keith Watts
Secretary	Michael Stephens
Treasurer	Warren Walker
Sergeant-at-Arms	Cameron Bishop

District 9600
Club Number 17787
Founded 29 May 1923

District Governor
George Grant

Rotary International President
Gary C K Huang

President's Message

Welcome fellow Rotarians & Visitors

Great News this week.

Our club has made a decision to support the Rotary Club of Taabinga drive for the support of the farming community in the Burnett Region. In addition to any in kind donations, the club has at the suggestion of our Sergeant, dedicated his fines to the support of this project, and also as suggested by Rtn Don O'Donoghue, these funds will be expended in local businesses to acquire the requested goods for the farmers, in this manner our club provides support to two areas of the community. Local Businesses, & Farmers and their families.

I have also requested from district if this contribution could attract a matching grant which would double the support offered, we await districts response.

The Request for help for the Burnett Region, runs from July 14th Until September.

Our speaker to day saw the return to our club of Senior Sergeant Cory Allen who has recently been appointed to manage the Valley Police operation, I am sure with our continued support of our Scholarship Programme for Brisbane Youth Services, we will see more of Cory in the future.

Our Board meeting today reviewed several projects for the coming year and while some will be able to be completed this year, or at least started with an ongoing involvement, i.e. Dental Training Aid to Timor, hopefully also with a matching grant over a three year timeframe, others will take longer to bring to fruition.



**What's on?
4 August
Fellowship**

Date Claimers

**11 August:
Sir Leo Hilscher**

4 WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?





President's Message

These longer term projects include the development of our Mentoring Programme, Assistance to Montrose Access, and the provision of a Medical support mobile unit to Rural Queensland. These projects will be both demanding and fulfilling to our club member's, and as the projects each move forward, members will be asked to participate and get involved, the board also considers these projects will also bring some more members to the club, and provide the opportunity of other clubs to assist throughout the state.

Rtn Patrick Caragata has sent to all members a proposal on his mentoring methodology and I commend all members to review and comment on Patricks work.

A Report from John Smerdon representing the Clubs Benevolent Fund reflected another month of great earnings and the trustees should be congratulated for their long term investment strategy. Well done, let us all hope the economy continues upward, as part of the Foundation's annual earnings, are used for club projects after agreement at board level.

Our outgoing Treasurer Rtn Dougal Henderson presented a summary and review of last year's financial accounts, and these are now ready for auditing. Our Incoming Treasurer Rtn Warren Walker will start with a solid Balance sheet. Thanks were conveyed to Dougal in bringing all our financial accounts up to date in his Term as Treasurer.

Yours in Rotary

Remember: LIGHT UP ROTARY

President Graeme

Rotary Meeting 28 July 2014

The Chairman for the day was Michael Stephens. After Rotary Grace, and toasts to the Queen of Australia and Rotary International, he introduced President Graeme Whitmore.

Graeme's message is reported in detail elsewhere in the Bulletin. His address included a vote of thanks for Tony McKinnon's excellent organisation of the RCOB Social Lunch with Partners, held on the previous day.

There were no Rotary Spots.

After a short period of fellowship, Chairman Michael introduced the guest speaker, Senior Sergeant Corey Allen, Officer in Charge of the Brisbane City Police Station. In a very interesting talk, Corey focused on two aspects of policing that he had been emphasising since his last talk to RCOB a couple of years ago...dealing with the homeless and youth work. In both cases he had encouraged a 'relationships building' and helpful interactive policing approach, in contrast to a strict enforcement approach. In his view, this had had positive impacts on the recipient groups as well as on police job satisfaction. There had been a noticeable reduction in crime during this time.

Corey's talk was followed by a number of questions from an appreciative audience and a good deal of discussion. Finally, Corey was presented with a memento of the occasion.

Following a heavy social weekend, SAA Cam Bishop dispensed with his normal approach of exacting fines and instead simply asked members to each contribute \$5. He hoped that the funds might be earmarked for the current 'Every Family Needs a Farmer' appeal sponsored by Rotary. Clive Shepherd won the raffle, but the joker is still in the pack.

The meeting finished at 1.50pm



Calendar

Roster

4 August 2014:

President G Whitmore
Chairperson M Winders
Set Up/Away W Walker
Raffle M Stephens
Visitor Register P Little
Attendance J Smerdon
D O'Donoghue

11 August 2014:

President G Whitmore
Chairperson P Caragata
Set Up/Away R Tamaschke
Raffle S Francis
Visitor Register P Anderson
Attendance J Smerdon
D O'Donoghue

18 August 2014:

President G Whitmore
Chairperson A Gillespie
Set Up/Away S Francis
Raffle C Shepherd
Visitor Register P Ryan
Attendance J Smerdon
D O'Donoghue

25 August 2014:

President G Whitmore
Chairperson D Henderson
Set Up/Away P Gresham
Raffle G Holtmann
Visitor Register A Smith
Attendance J Smerdon
D O'Donoghue

Please forward any dates or articles of interest that you would like to see included in future Bulletins to the Bulletin Editor at

secretary@brisbanerotary.org.au



Peace, Coffee and Sustainability

By Pamela Broussard, 2007 Rotary Peace Fellow at Chulalongkorn University, Thailand
Source: blog.rotary.org

It has been more than 10 years since Rotary started training Rotary Peace Fellows around the globe. Today there are over 800 alumni working in a range of careers such as: international development, relief work, refugee services, military, government, education, and local grassroots organizations. If you have seen a crisis in the news, or on the front page of the newspaper, there is a good chance that a peace fellow is there working to make a difference.

You have heard passionate and inspiring stories from peace fellows about the many positive impacts of their work, but you may not be aware of some of the difficult challenges they have faced. They often experience: violence, security threats, evacuations, compassion fatigue, death, loss, and separation from friends and family, all while their familiar support mechanisms are unavailable. Surprisingly, very few peace fellows work within organizations that address or supply sufficient support mechanisms to deal with these issues.



Rotary Peace Fellows take part in a leadership retreat.

Recently through a generous donation by a Rotarian, funding was provided for a biennial Rotary Foundation Leadership Retreat of Rotary Peace Fellows. The focus of this year's event was, "How to support sustainability of peace fellows and those they work with who are dealing with stress, burnout, and trauma."

Several steps were taken to work within and among peace fellows and the program. But how can you or your Rotary club be a part of helping to ensure the sustainability of peace fellows who may be experiencing the negative impacts associated with peace work? Here are some practical ways:

- **"Create a safe space" to share:** In the field, peace fellows often work in isolation or in situations where they are unable to discuss or share their challenges. As one peace fellow recently commented, "I just came out of a global tragedy and all my family asked me about was, 'How was your flight?'" Take time to take a peace fellow out to coffee and ask them about their challenges, struggles, and frustrations. Offer support by listening and letting them talk about their experiences. You don't need to "fix" the issues, or even offer advice; just your presence by phone or in person will go a long way toward sustainability.
- **Stay in contact while they are gone:** Letters/emails/packages from home are always a breath of fresh air. It doesn't need to be anything extravagant, it really is the thought that counts. A personal email or letter gives peace fellows a mental break from the stresses and decisions they are facing from day to day. Ask about their work, what they miss and their challenges. (Remember that their Internet access may be limited so don't just forward mass messages or reports.)
- **Provide "another focus":** While back in town or off from work, peace fellows need down time to recharge. Got an extra ticket to a game? A pool to go swimming in? A beautiful park near your house? Why not offer a peace fellow a chance to get away from their routine and enjoy something relaxing?

- **Offer professional help:** Let peace fellows know of counselors, psychologists, therapists, yoga instructors, accountants, doctors, and dentists in your club who could assist them while they are home on break or when they return.

Ten years ago, Rotary was on the leading edge of training and preparing peace fellows from around the world in multiple fields. Today, with so many in the field, once again, Rotary chooses to lead the way in support.